

Sabr, patience and what it earns

Patience is mentioned over 90 times in the Quran. What it is, what it is not, and the reward Allah promises without measure.

CENTREPIECE Surah az-Zumar 39:10, Surah al-Baqarah 2:155-157

FIRST KHUTBAH

1. Three kinds of patience

Scholars often describe patience in three settings: remaining steady in obedience, restraining the self from sin, and meeting hardship without turning away from Allah. The categories help a congregation see that sabr is active. It is practised in ordinary choices as well as major trials.

2. Without measure

'The patient will be given their reward without measure' (Surah az-Zumar 39:10). The verse leaves the reward open and abundant. When a trial feels counted in days, appointments, or losses, Allah reminds the believer that its reward is not confined to the same narrow measure.

3. Patience at the first strike

The Prophet (peace be upon him) said that patience is shown at the first shock of a calamity (Bukhari 1283). That first response is when the tongue is most likely to run ahead of the heart. Pause, return to Allah, and let grief be real without allowing it to become an accusation against Him.

SECOND KHUTBAH

Return to the centrepiece and gather the message around one honest change connected to sabr, patience and what it earns.

Suggested closing: Innaa lillahi wa innaa ilayhi raji'oon, to Allah we belong, and to Him we return.

PREPARATION NOTES

1. Read every cited verse or hadith in full before using it.
2. Add one example your own congregation will recognise.
3. Check questions of fiqh and recognised disagreement with a qualified local scholar.

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