

Khushu, presence in prayer

Allah opens Surah al-Mu'minun with the trait that distinguishes successful believers. Practical steps to bring khushu back when it leaves.

CENTREPIECE Surah al-Mu'minun 23:1-2

FIRST KHUTBAH

1. Successful believers, defined

Allah says: successful are the believers, those who have khushu in their prayer (Mu'minun 23:1-2). Out of every quality He could have named first, He named the quality of presence in salah.

2. Khushu is built outside the prayer

What occupies the heart during the day often follows it into prayer. Regular dhikr, lawful choices, and arriving without haste can make attention easier. Khushu still requires effort at the takbir, but preparation begins before a person reaches the prayer mat.

3. Practical steps

Arrive early enough to settle. Slow the Fatihah. Pause between verses. Picture the meanings. Use the duas in ruku and sujud the Prophet (peace be upon him) used. Notice the moment your mind drifts and bring it back without self-anger.

SECOND KHUTBAH

Return to the centrepiece and gather the message around one honest change connected to khushu, presence in prayer.

Suggested closing: Allahumma a'inni ala dhikrika wa shukrika wa husni ibadatik, O Allah, help me remember You, thank You, and worship You beautifully.

PREPARATION NOTES

1. Read every cited verse or hadith in full before using it.
2. Add one example your own congregation will recognise.
3. Check questions of fiqh and recognised disagreement with a qualified local scholar.

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