

Dua, the worship of helplessness

The Prophet (peace be upon him) taught that dua is worship. The verses that invite us to ask, and the three answers Allah may give.

CENTREPIECE Surah Ghafir 40:60, Sunan at-Tirmidhi 3372

FIRST KHUTBAH

1. The verb is a command

Allah says: call upon Me, I will answer you (Ghafir 40:60). The whole verse is a command followed by a promise. The one who does not ask is named as arrogant. Asking is not weakness, it is the worship Allah requires.

2. Three responses

The Prophet (peace be upon him) said: every Muslim who makes a dua, in which there is no sin or breaking of ties, Allah gives him one of three: He grants it, He stores it for the next life, or He averts an equivalent harm (Ahmad 11149). No dua is wasted.

3. Times of acceptance

Last third of the night. Between adhan and iqamah. While prostrating. Last hour of Friday. While fasting, when breaking the fast. While travelling. After the obligatory salah. Place your most needed duas at these times, and you have stacked the response in your favour.

SECOND KHUTBAH

Return to the centrepiece and gather the message around one honest change connected to dua, the worship of helplessness.

Suggested closing: Right now, before the next prayer, write down three duas. Carry them with you and ask them at every opportunity this week.

PREPARATION NOTES

1. Read every cited verse or hadith in full before using it.
2. Add one example your own congregation will recognise.
3. Check questions of fiqh and recognised disagreement with a qualified local scholar.

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