

Salah checklist

Before you begin

- ☐ **Wudu** made (ghusl first if it is due)
- ☐ **Clean** body, clothes and place
- ☐ **Awrah** covered
- ☐ **Time** of the prayer has entered
- ☐ **Facing** the qibla
- ☐ **Intention** in the heart for this prayer

Each rak'ah

- ☐  **Opening takbir (first rak'ah only)**
 Allahu Akbar
 Allah is the Greatest
 اللَّهُ أَكْبَرُ
- ☐  **Stand and recite Al-Fatiha**
 Then a short surah, in rak'ahs 1 and 2 only
 سُبْحَانَ رَبِّيَ الْعَظِيمِ
- ☐  **Ruku: bow, saying Allahu Akbar**
 Subhana Rabbi-l-Adheem
 Glory be to my Lord, the Magnificent (3 times)
 سَمِعَ اللَّهُ لِمَنْ حَمِدَهُ، رَبَّنَا وَلَكَ الْحَمْدُ
- ☐  **Rise from ruku**
 Sami'allaahu li-man hamidah.
 Rabbana wa laka-l-hamd
 Allah hears whoever praises Him. Our Lord, to You belongs all praise
 سُبْحَانَ رَبِّيَ الْأَعْلَى
- ☐  **Sujud: prostrate, saying Allahu Akbar**
 Subhana Rabbi-l-'Ala
 Glory be to my Lord, the Most High (3 times)
 رَبِّ اغْفِرْ لِي، رَبِّ اغْفِرْ لِي
- ☐  **Sit between the two sujud**
 Rabbi-ghfir li, Rabbi-ghfir li
 My Lord, forgive me. My Lord, forgive me
 رَبِّ اغْفِرْ لِي، رَبِّ اغْفِرْ لِي
- ☐  **Second sujud, then rise with Allahu Akbar**
 Stand for the next rak'ah, or sit if it is time

The sittings

- ☐  **After rak'ah 2: the tashahhud**
 In a 3 or 4 rak'ah prayer, stand up after it
 السَّلَامُ عَلَيْكُمْ وَرَحْمَةُ اللَّهِ
- ☐  **Last sitting: tashahhud, salawat, a du'a**
 The words are below
 As-salamu 'alaykum wa rahmatu-llah
- ☐  **Taslim: turn right, then left**
 Peace be upon you, and the mercy of Allah

The five prayers

PRAYER	FARD	RECITED
Fajr · dawn	2	aloud
Dhuhr · after midday	4	silently
Asr · afternoon	4	silently
Maghrib · sunset	3	first two aloud
Isha · nightfall	4	first two aloud

Rak'ahs 3 and 4: Al-Fatiha only, no second surah.

Forgot a part? Two sujud of forgetfulness (sujud as-sahw) before you finish.

Still learning? Pray with what you know today, and keep learning.

The words of the sitting

Tashahhud

التَّحِيَّاتُ لِلَّهِ وَالصَّلَوَاتُ وَالطَّيِّبَاتُ، السَّلَامُ عَلَيْكَ أَيُّهَا النَّبِيُّ وَرَحْمَةُ اللَّهِ وَبَرَكَاتُهُ، السَّلَامُ عَلَيْنَا وَعَلَى عِبَادِ اللَّهِ الصَّالِحِينَ، أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ، وَأَشْهَدُ أَنَّ مُحَمَّدًا عَبْدُهُ وَرَسُولُهُ

At-tahiyyatu lillahi wa-s-salawatu wa-t-tayyibat. As-salamu 'alayka ayyuha-n-nabiyyu wa rahmatu-llahi wa barakatuh. As-salamu 'alayna wa 'ala 'ibadi-llahi-s-salihin. Ash-hadu an la ilaha illa-llah, wa ash-hadu anna Muhammadan 'abduhu wa rasuluh.

All greetings, prayers and good words belong to Allah. Peace be upon you, O Prophet, and the mercy of Allah and His blessings. Peace be upon us and upon the righteous servants of Allah. I bear witness that there is no god but Allah, and I bear witness that Muhammad is His servant and His Messenger.

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Salawat (in the last sitting)

اللَّهُمَّ صَلِّ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ، كَمَا صَلَّيْتَ عَلَى إِبْرَاهِيمَ وَعَلَى آلِ إِبْرَاهِيمَ، إِنَّكَ حَمِيدٌ مَجِيدٌ، اللَّهُمَّ بَارِكْ عَلَى مُحَمَّدٍ وَعَلَى آلِ مُحَمَّدٍ، كَمَا بَارَكْتَ عَلَى إِبْرَاهِيمَ وَعَلَى آلِ إِبْرَاهِيمَ، إِنَّكَ حَمِيدٌ مَجِيدٌ

Allahumma salli 'ala Muhammadin wa 'ala ali Muhammad, kama sallayta 'ala Ibrahima wa 'ala ali Ibrahim, innaka Hamidun Majid. Allahumma barik 'ala Muhammadin wa 'ala ali Muhammad, kama barakta 'ala Ibrahima wa 'ala ali Ibrahim, innaka Hamidun Majid.

O Allah, send Your blessings on Muhammad and the family of Muhammad, as You sent blessings on Ibrahim and the family of Ibrahim; You are Praiseworthy, Glorious. O Allah, bless Muhammad and the family of Muhammad, as You blessed Ibrahim and the family of Ibrahim; You are Praiseworthy, Glorious.

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